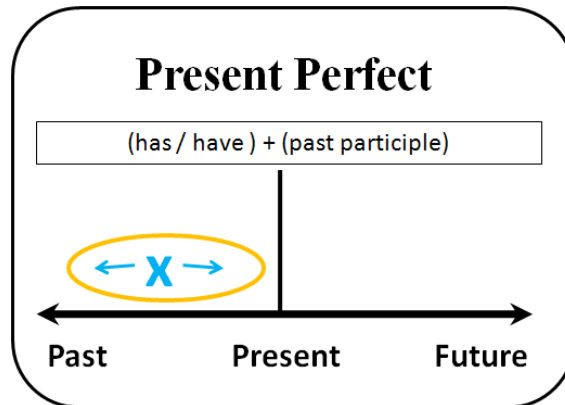




Present Perfect Simple



Form:

- **Positive:** Subject + has/have + past participle
She has finished her homework.
- **Negative:** Subject + has/have not + past participle
They haven't seen the movie.
- **Question:** Has/Have + subject + past participle?
Have you ever traveled abroad?

Uses:

1. Experiences:

To talk about experiences or actions that happened at an unspecified time in the past.

I have visited France.

She has never eaten sushi.

2. Change Over Time

To indicate a change or development over time.

He has become more confident.

The company has grown significantly.

3. Continuing Situations

To talk about actions or situations that started in the past and continue to the present.

I have lived here for five years.

We have known each other since childhood.



4. Recent Events with Present Relevance:

To mention recent events with a present consequence or relevance.

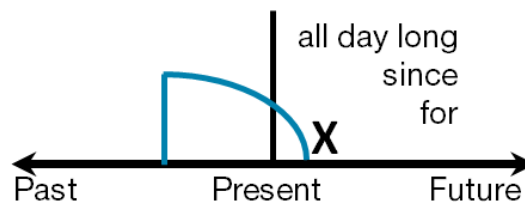
She has just finished her report.

They have already left.

Signal Words:

- Just, already, yet, ever, never, for, since, recently

Present Perfect Continuous



Form:

- **Positive:** Subject + has/have + been + present participle
She has been studying all night.
- **Negative:** Subject + has/have not + been + present participle
They haven't been waiting long.
- **Question:** Has/Have + subject + been + present participle?
Have you been working here long?

Uses:

1. Duration:

To emphasize the duration of an activity that started in the past and is still continuing.

I have been reading this book for hours.

They have been playing soccer since 3 PM.

2. Recently Completed Actions with Present Consequences:

To highlight the recent nature of an action that has present results.

She has been crying (and her eyes are still red).

He has been working out (and he looks tired).



Signal Words:

- For, since, all day, all morning, lately, recently

Warning:

The present perfect continuous form is not normally used with verbs that refer to actions that are completed at a single point in time such as *start*, *stop*, *finish*:

*Has the concert **started** already?*

Not: ~~*Has the concert been starting already?*~~

Spoken English:

In speaking you will sometimes hear these verbs used in the continuous form to refer to events that are ongoing or temporary:

I've been hearing some strange noises coming from outside.

Key Differences

• Focus on Result vs. Activity:

Present Perfect Simple often focuses on the result or completion of an action, while Present Perfect Continuous emphasizes the activity or its duration.

- "I have painted the room." (The room is now painted, focus on result)
- "I have been painting the room." (Focus on the activity and duration)

• Completion vs. Ongoing Nature:

Present Perfect Simple indicates actions that are complete or experiences at unspecified times, whereas Present Perfect Continuous stresses ongoing or recently completed actions with ongoing effects.

- "She has read the book." (She finished reading it)
- "She has been reading the book." (She might still be reading it or just finished)

Examples to Compare:

1. Experience:

- Simple: "I have visited Japan." (I've been there at some point)
- Continuous: "I have been visiting Japan." (I've been going there regularly, or I'm still there)

2. Duration:

- Simple: "I have lived here for ten years." (I still live here)
- Continuous: "I have been living here for ten years." (Emphasizing the ongoing process)



Conversation Using Present Perfect Simple and Continuous

Context: Two friends, John and Emily, are catching up over coffee after not seeing each other for a while.

John : Hi Emily! It's been a while. How have you been?

Emily : Hi John! Yes, it's been ages. I've been doing well, thanks. How about you?

John : I've been good too. So, what have you been up to lately?

Emily : Oh, a lot has happened. I've just finished a big project at work. It was really challenging but I'm glad it's done now.

John : That sounds great! Congratulations! I've heard that you've been traveling a lot recently.

Emily : Yes, I have. I've visited three countries in the past six months. It was amazing. I especially loved Japan. Have you ever been there?

John : No, I haven't, but I've always wanted to go. What else have you been doing?

Emily : Well, I've been taking a painting class for the last few months. I've always wanted to learn how to paint, and it's been so much fun.

John : That sounds interesting. I've actually been thinking about taking up a new hobby too. I've been considering learning how to play the guitar.

Emily : That's a great idea! I've heard playing an instrument can be really rewarding. Have you started any lessons yet?

John : Not yet, but I've been looking for a good teacher. How about you? Have you painted anything you're particularly proud of?

Emily : Yes, I have! I painted a landscape last week, and it turned out better than I expected. I've been working on improving my techniques, and it's starting to pay off.

John : I'd love to see it sometime. It sounds like you've been really productive.

Emily : Thanks, John. What about you? What have you been up to besides considering guitar lessons?

John : I've been busy with work mostly, but I've also been training for a marathon. I've been running almost every day to get in shape.

Emily : Wow, that's impressive! How long have you been training?

John : I've been training for about four months now. It's been tough, but I'm starting to see some progress.

Emily : That's great to hear. It sounds like we've both been keeping busy. Let's make sure we don't wait so long to catch up next time.

John : Definitely! It was great catching up with you, Emily.

Emily : You too, John. Take care!